

THE WHITE ROOM

Bespoke Cosmeceuticals

HYDRATED + DEWY | HOME CARE TREATMENT

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HYDRATED + DEWY | HOME CARE TREATMENT

STEP	1	2	3	4
INGREDIENTS	<p>WATER/AQUA/EAU HAMAMELIS VIRGINIANA (WITCH HAZEL) WATER SD ALCOHOL 40-B PROPYLENE GLYCOL POLYSORBATE 20 NIACINAMIDE PHENOXYETHANO FUMARIC ACID HAMAMELIS VIRGINIA (WITCH HAZEL) WATER EXTRACT LECITHIN NIACIN SUPEROXIDE DISMUTASE</p>	<p>CUCURBITA PEPO (PUMPKIN) SEED OIL HYDROLYZED CANDIDA SAITOANA EXTRACT FRAGRANCE/PARFUM PHENETHYL ALCOHOL CAPRYLYL GLYCOL ALCOHOL DENAT. PRUNUS AVIUM (SWEET CHERRY) FRUIT EXTRACT PHENOXYETHANOL ETHYLEXYLGLYCERIN</p>	<p>WATER/AQUA/EAU HYDROGEN PEROXIDE CETYL ALCOHOL HYDROXYPROPYL STARCH PHOSPHAT GLYCERIN SALICYLIC ACID CARTHAMUS TINCTORIUS (SAFFLOWER) SEED OIL GLYCOLIC ACID GLYCERYL STEARATE PEG-100 STEARATE HELIANTHUS ANNUUS (SUNFLOWER) SEED OIL POLYSORBATE 20 COCONUT ALKANES SORBITOL DISODIUM EDTA PHENOXYETHANOL COCO-CAPRYLATE/CAPRATE LACTIC ACID EUCALYPTUS CITRIODORA OIL RETINYL PALMITATE</p>	<p>ASCORBIC ACID OLEA EUROPAEA (OLIVE) FRUIT OIL POLYSORBATE 60 POTASSIUM CETYL PHOSPHATE STEARYL ALCOHOL PHENOXYETHANOL RETINYL PALMITATE BHT SODIUM HYDROXIDE ALLANTOIN PANTHENOL POTASSIUM SORBATE DISODIUM EDTA LENS ESCULENTA (LENTIL) SEED EXTRACT TOCOPHEROL ETHYLHEXYLGLYCERIN GLYCINE SOJA (SOYBEAN) OIL HYDROGENATED LECITHIN MAGNESIUM ASCORBYL PHOSPHATE ESCIN RUSCUS ACULEATUS ROOT EXTRACT CALENDULA OFFICINALIS FLOWER EXTRACT ALTHAEA OFFICINALIS LEAF/ROOT EXTRACT AMMONIUM GLYCYRRHIZATE ALCOHOL ALOE BARBADENSIS LEAF JUICE CENTELLA ASIATICA EXTRACT HYDROLYZED YEAST PROTEIN LECITHIN VEGETABLE OIL VITEX AGNUS-CASTUS EXTRACT ASCORBYL TETRAISOPALMITATE CYCLODEXTRIN GLYCINE SOJA (SOYBEAN) SEED EXTRACT XANTHAN GUM</p>

HYDRATED + DEWY | TREATMENT STEPS

THIS TREATMENT IS PERFECT FOR DRY, DULL, UNLOVED SKIN THAT NEEDS A KICK OF NOURISHMENT + SIDE OF GLOW

- CLEANSE FACE WITH YOUR GO TO PRODUCT AND PAT DRY
- APPLY GLOVES (OPTIONAL) THEY MAYBE PREFERRED. ANY REMAINING PRODUCT CAN BE USED ON THE BACK OF THE HANDS, HOWEVER GLOVES PREVENT ANY ABSORPTION, IN TO THE HANDS SO WILL MAKE THE PRODUCT GO FURTHER IF YOU ARE NEW TO AT HOME TREATMENTS
- STEP 1: DOT THE FIRST PRODUCT (POT 1) OVER YOUR FACE (NECK AND DÉCOLLETAGE OPTIONAL) AND SMOOTH OVER. THIS HAS A DRYING EFFECT, SO WILL NEED NO MASSAGE, JUST ENSURING IT IS SPREAD EVENLY. ALLOW TO COMPLETELY DRY.
- STEP 2: THE SECOND PRODUCT IS OILY (POT 2), THEREFORE REQUIRES MASSAGING IN TO THE FACE (NECK AND DÉCOLLETAGE OPTIONAL) WITH YOUR FINGERS IN CIRCULAR MOTIONS. FOR A MIN OF 2 MINS. THIS STEP DRIVES THE FIRST PRODUCT DEEPER IN TO THE SKIN, ENCOURAGING CIRCULATION. IF YOU HAVE A PRECIOUS STONE FACE ROLLER,, NOW . WOULD BE PERFECT TO USE IT. ALLOW TO ABSORB FOR A FEW MINUTES.
- STEP 3: THE THIRD PRODUCT (POT 3) WILL GO ALONG WAY, IT WILL SOAK IN. AVOIDING EYEBROWS AND HAIRLINE, MASSAGE THIS PRODUCT IN TO THE FACE (NECK AND DÉCOLLETAGE OPTIONAL) . COVERAGE SHOULD BE THIN, EVEN AND THOROUGH.
- STEP 4: THE FOURTH PRODUCT (POT 4) NEEDS DOTTING EVENLY ON THE FACE AND BLEND OUT, ENSURING IS APPLIED EVENLY AND THIN. THERE IS NO NEED TO MASSAGE, AS LONG AS IT IS THOROUGH.

DAYTIME USE:

IF YOU HAVE PURCHASED OR HAVE SPF, MAKE SURE YOU APPLY THIS NOW. THE RETINOL IN STEP 4 WILL MAKE YOUR SKIN SENSITIVE TO THE SUN AND UV RAYS THROUGH GLASS, CLOUDS AND FROM SCREENS SUCH AS PHONES AND LAPTOPS.

ITS ADVISED NOT TO WEAR MAKEUP FOR A FEW HOURS POST PROCEDURE TO ALLOW IT TO PENETRATE. PREFERABLE ALL DAY.

NIGHTTIME USE:

DO NOT WASH OFF THE PRODUCTS, ALLOW THEM TO DO THERE THING THROUGH THE EVENING/ NIGHT AND WAKE WITH SUPER SOFT SKIN.. USE YOUR PURCHASED OR ALREADY OWNED SPF FOR 7 DAYS.

HYDRATED + DEWY | PRE TREATMENT ADVICE | AFTERCARE

FOR A FULL LIST OF INGREDIENTS GO TO : WWW.THEWHITEROOMDC/AFTERCARE OR SCAN THIS LINK ->



THERE MAYBE A SLIGHT WARMTH, GLOW POST TREATMENT, BUT NO DISCOMFORT WHATSOEVER. DO NOT CARRY OUT ON INFLAMED / SUNBURNT SKIN

THE NEXT MORNING YOU CAN CLEANSE AND MOISTURISE AS NORMAL

BE AWARE NOT TO USE ANY PRODUCT THAT IS ABRASIVE, AN ACID OR CONTAINS RETINOL FOR 3-5 DAYS.

ENSURE YOU WEAR AN SPF (MIN FACTOR 30) DAILY FOR AT LEAST 7 DAYS POST TREATMENT AS THE AREAS YOU TREAT WILL BE SENSITIVE TO UV LIGHT.
SUNLIGHT ON THESE UNPROTECTED AREAS WILL INCREASE THE RISK OF SKIN DAMAGE/ PIGMENTATION. .

OVER THE NEXT 3-5 DAYS THERE IS A CHANCE YOU MAY SEE A LITTLE PEELING WERE THE PRODUCT HAS EXFOLIATED THE SKIN. THIS IS RARE BUT POSSIBLE IF
YOUR SKIN IS IN NEED OF A DEEPER EXFOLIATION.

DO NOT PICK OR EXFOLIATE ANY PEELING SKIN, THIS MAY CAUSE SENSITIVITY OR EVEN SCARRING.

SIMPLY APPLY MOISTURISING CREAM MORE FREQUENTLY IF NEEDS BE.

IF YOU REQUIRE ANY FURTHER ADVICE RE YOUR SKIN, THE PRODUCTS , A FURTHER SKINCARE PLAN OR WOULD LIKE TO OFFER FEEDBACK RE THE TREATMENT,
PLEASE GET IN TOUCH. ID LOVE TO KNOW IF YOU ENJOYED THE TREATMENT AS MUCH AS I DO.

THESE ARE MY PERSONAL TREATMENT HACKS I USE IF MY SKIN IS FEELING UNLOVED OR I'VE GOT PLANS (NOT MUCH OF THE LATTER ATM!) IN BETWEEN THE
CHEMICAL AND RETINOL PEELS I OFFER IN MY CLINIC.

THANK YOU FOR TRUSTING ME WITH YOUR SKIN.

AMIE X