

AFTERCARE | DERMAL FILLERS

AVOID VIGOROUS EXERCISE ON THE DAY OF AND 24 HOURS AFTER YOUR APPOINTMENT

NORMAL ACTIVITY CAN RESUME, HOWEVER THERE MAYBE SOME BRUISING, REDNESS, PIN-PRICK MARKS OR SWELLING.

BRUISING AND SWELLING MAYBE MORE APPARENT THE NEXT DAY, AND TAKE UP TO 14 DAYS TO RESOLVE

TENDERNESS SHOULD SETTLE WITHIN 48- 72 HOURS.

CLEANSER AND MOISTURISING THE AREA CAN BE CARRIED OUT 12 HOURS POST PROCEDURE

MAKEUP AND TOUCHING THE AREA IS NOT ADVISED FOR 12 HOURS POST PROCEDURE TO REDUCE RISK OF INFECTION.

AVOID LAYING FLAT ON THE PRODUCT OR MASSAGING THE AREA VIGOROUSLY FOR 2 WEEKS, TO ENSURE THE PRODUCT DOESN'T MIGRATE

AVOID SUN BATHING AND EXTREMES OF HOT AND COLD FOR 14 DAYS AS THIS HAS BEEN SHOWN TO INCREASE AND PROLONG SWELLING

AVOID ALCOHOL FOR 24 HOURS AS CONSUMPTION CAN INCREASE BRUISING

AFTER TREATMENT IT IS EXPECTED THAT YOU WILL SEE AN IMPROVEMENT STRAIGHT AWAY ALTHOUGH DUE TO INITIAL SWELLING, THE PRODUCT MAY FEEL HARD OR LUMPY OR ASYMMETRICAL IMMEDIATELY AFTERWARDS.... THE FINAL RESULTS MAY TAKE UP TO TWO WEEKS

DEPENDING ON THE PRODUCT, AMOUNT USED, CLIENT METABOLISM AND THE AREA TREATED, RESULTS MAY LAST FROM 6 MONTHS TO IN EXCESS OF A YEAR

AT DAY 14 A REVIEW OF THE DERMAL FILLER IS OFFERED TO ENSURE YOU ARE HAPPY WITH THE RESULT. IT MAYBE THAT YOU NEED THE AREA MASSAGING IF THE SITE REMAINS SWOLLEN.

AT 14 DAYS FURTHER PRODUCT TO THE AREA IS POSSIBLE SHOULD YOU CHOOSE MORE

COLD PACKS ARE ADVISED TO HELP ALLEVIATE SWELLING. ARNICA CREAM OR TABLETS ARE RECOMMENDED TO REDUCE BRUISING

ADVERSE EFFECTS

IF YOU ARE CONCERNED OR EXPERIENCE ANY OF THE FOLLOWING SYMPTOMS
PLEASE CONTACT ME ASAP FOR ADVICE

ITCHING, HIVES, SWELLING OF THE LIPS (INCREASING IF LIP TREATMENT) WHEEZING, DIZZINESS, LIGHT HEADEDNESS



THIS MAY INDICATE AN ALLERGY

SIGNS OF INFLAMMATION, INCREASED OR SPREADING REDDENING, INCREASED WARMTH, INCREASED PAIN, WEEPING



THIS MAY INDICATE INFECTION

SKIN DISCOLOURATION OR MOTTLED/ PATCHY PALER AROUND THE SITE OF INJECTION, INCREASING SKIN
INFLAMMATION OR INCREASED PAIN/ PRESSURE



THIS MAY INDICATE A VASCULAR OCCLUSION

IF YOU EXPERIENCE DIFFICULTY BREATHING, SWALLOWING OR SPEAKING



SEEK URGENT MEDICAL ADVICE/ CALL 999

DERMAL FILLER | POST PROCEDURE EMOTIONS

PRE TREATMENT

I'M SO SCARED, ITS GOING TO HURT, I'M GOING TO LOOK SILLY, EVERY ONE WILL KNOW!



DAY 1

OW.. THE APPREHENSION WAS SO MUCH WORSE. I FELT IN REALLY SAFE HANDS AND IT WASN'T HALF AS PAINFUL AS I IMAGINED



DAY 2-4

I'M A LITTLE TENDER, AVOIDING EYE CONTACT. I'VE GOT SLIGHT BRUISING AND SWELLING AND CONVINCED EVERYONE'S STARING AT ME AS THOUGH I LOOK STRANGE



DAY 4-10

THE SWELLING IS STILL PRESENT, ITS NOT AS TENDER,, BUT I'M QUESTIONING WHETHER I'VE DONE THE RIGHT THING. IS THIS SWELLING OR IS THIS THE RESULT?!



DAY 14

MY MAKEUP SITS FLAWLESSLY, I COULD EVEN HAVE A LITTLE MORE... I MISS THE SWELLING! I LOVE HOW IT LIFTS MY FACE AND MAKES ME FEEL YOUTHFUL.



DAY 21+

WHY DID I WORRY SO MUCH? I WAKE + FEEL SO MUCH FRESHER IN THE MIRROR. I DON'T KNOW WHY I DIDN'T DO IT SOONER. MY HUSBAND HAS NO CLUE!

